

## **Information on the obligation to wear a mask and on the use of the mouth-nose protective mask**

### **Mask requirement in NRW**

Since the 22nd of April there is also in Bonn a mask obligation. This refers to the wearing of mouth-nose protection masks. They are also called face-masks, everyday masks, auxiliary mask or community masks. These masks are simple, often self-sewn made of cloth masks (cotton).

### **To whom does the mask obligation apply?**

For everyone! Exception: Children under six years of age do not have to wear a mask.

### **Where can I get a mask?**

Everyday masks (auxiliary masks) are available in many places in Bonn: in shops or tailoring shops or at the markets, for example. Look out for notices in shop windows!

A multilingual sewing guide in German, Arabic, French, Somalian, Spanish and Urdu can be found here:

<https://www.integration-in-bonn.de/startseite/aktuelles/detail/news/wichtig-und-nuetzlich-mund-nasen-schutzmasken-aktionen-und-informationen-in-bonn.html>. Sewing instructions in other languages can be found here: [https://www.essen.de/gesundheit/coronavirus\\_6.de.html](https://www.essen.de/gesundheit/coronavirus_6.de.html)

### **Where does a mask must be carried now?**

- In all shops and exhibition rooms
- at the weekly markets, in shopping centers and “shopping malls”
- when collecting and ordering the food and drinks in gastronomy businesses
- at handicraft's or service providers' businesses if the distance of at least 1.5 meters to the customer cannot be maintained
- in doctors' offices and similar healthcare facilities
- in local public transport (bus and train)

### **How do I clean my mask?**

Please do not throw away masks made of cloth! They must be cleaned after you wear them. It works for example like this:

- iron the mask hot
- wash at 60 degrees in the washing machine or simply pour boiling hot water over the mask in a bowl with some washing powder, turn the mask back and forth with a long object and when the water has cooled down, wring the mask out and hang it up to dry.
- put it in the clean oven at 80 degrees for 30 minutes (only cloth masks made of cotton)

By the way: To ensure that the mask protects you and your fellow persons, you should always wash your hands thoroughly before putting it on and after taking it off.

### **Important: The mask alone does not protect! Furthermore applies:**

- Wash your hands! As often as possible, but especially when you come home or before you eat something. It is best to wash your hands for 30 seconds, always with soap and warm water! Then dry off well!
- Keep a distance to other people (at least 1.5 meters)
- Do not cough and sneeze in your hand, but in the crook of your arm!
- As soon as you feel ill, call your doctor first. Do not simply go there! The doctor will explain on the phone what you have to do now.

Current information from the city of Bonn: <https://www.bonn.de/themen-entdecken/gesundheit-verbraucherschutz/coronavirus.php>